

# Cruise Packing Checklist for Women Over 50



## DAYWEAR

- 3-5 lightweight tops
- 2-3 pairs of bottoms
- 2 casual or sundresses
- 2-3 thermal layers
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## EVENINGWEAR

- 1-2 fancy dresses
- 2-3 smart casual outfits
- Statement jewelry pieces
- Comfortable evening sandals
- \_\_\_\_\_
- \_\_\_\_\_

## ACTIVEWEAR

- 2 workout outfits
- Hiking or walking gear
- Breathable running sneakers
- Quick-dry athletic socks
- \_\_\_\_\_
- \_\_\_\_\_

## SWIMWEAR

- 2 swimsuits
- 1-2 cover-ups
- Wide-brimmed beach hat
- Flip-flops for poolside
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## FOOTWEAR

- Comfortable walking shoes
- Casual day sandals
- Dressy flats or heels
- Slip-on travel sneakers
- \_\_\_\_\_
- \_\_\_\_\_

## OUTERWEAR

- Lightweight cardigan/jacket
- Waterproof jacket or poncho
- Warmer jacket (for Alaska)
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_





## ACCESSORIES

- Sunglasses with UV protection
- Scarf or shawl
- Small crossbody bag
- Tote for poolside essentials
- Extra pair of glasses
- Compact travel mirror
- Lightweight foldable backpack
- Secure anti-theft wallet
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## DOCUMENTS

- Passport and photo ID
- Emergency contact list
- Reservation confirmations
- Copies of medical prescriptions
- Travel insurance details
- Credit cards and cash
- \_\_\_\_\_
- \_\_\_\_\_

*Find more checklists  
on [cruisegalore.com](http://cruisegalore.com)*

## ELECTRONICS & GADGETS

- Power bank
- E-reader or Kindle
- Camera/spare memory cards
- Small battery-operated fan
- Nightlight
- Waterproof phone case
- \_\_\_\_\_
- \_\_\_\_\_

## TOILETRIES

- Toothbrush/toothpaste
- Razor/shaving cream
- Dental floss
- Mouthwash
- Body wash/soap
- Lip balm
- Deodorant
- Sunscreen
- Hand sanitizer
- Disinfectant wipes
- Small hair dryer
- Nail clippers/tweezers
- Personal medications
- Band-aids/first-aid kit
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

